

Tec Talk Doctor Discussion Guide

Here are some questions to ask your doctor and healthcare team so you can get the most out of your Tec Talk:

Discuss taking a pill

- Can we discuss an oral treatment like TECFIDERA?
- What are the potential benefits and risks of TECFIDERA?

TECFIDERA effectiveness

- I've heard TECFIDERA can significantly cut relapses. Can you tell me about the clinical study results for TECFIDERA?
- Can you explain how TECFIDERA has been shown to delay the progression of physical disability?
- What could treatment do for me?
- Let's talk about my last MRI.

TECFIDERA side effects

- What are the side effects of TECFIDERA? When do they usually start?
- How long did the side effects of TECFIDERA last for clinical study patients?
- What should I do if I experience side effects?
- What kinds of lab tests would I be taking to monitor potential side effects of TECFIDERA?

Tecfidera® (dimethyl fumarate) is a prescription medicine used to treat people with relapsing forms of multiple sclerosis.

Selected Important Safety Information

Do not use TECFIDERA if you have had an allergic reaction to TECFIDERA or any of its ingredients. TECFIDERA may cause serious side effects, including allergic reactions, PML, and decreases in your white blood cells. Your doctor may check your white blood cell count before you take TECFIDERA and from time to time during treatment. The most common side effects are flushing and stomach problems. Tell your doctor if you are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

For additional important safety information, please see next page and full [Prescribing Information](#) and [Patient Information](#). This file is an electronic PDF from Tecfidera.com.

Next steps

- I'm interested in taking TECFIDERA for my relapsing MS. Now what?
- Is there a Start Form that can help me begin treatment with TECFIDERA?
- What kind of support is available during treatment with TECFIDERA?
- When should I schedule my follow-up appointments?



The next step is talking TECFIDERA with your doctor.
Take this discussion guide to your next appointment.

Important Safety Information

Do not use TECFIDERA if you have had an allergic reaction (such as welts, hives, swelling of the face, lips, mouth or tongue, or difficulty breathing) to TECFIDERA or any of its ingredients.

Before taking and while you take TECFIDERA, tell your doctor about any low white blood cell counts or infections or any other medical conditions.

What are the possible side effects of TECFIDERA?

TECFIDERA may cause serious side effects including allergic reactions, PML, which is a rare brain infection that usually leads to death or severe disability, and decreases in your white blood cell count. Your doctor may check your white blood cell count before you take TECFIDERA and from time to time during treatment.

The most common side effects of TECFIDERA include flushing and stomach problems. These can happen especially at the start of treatment and may decrease over time. Taking TECFIDERA with food may help reduce flushing. Call your doctor if these symptoms bother you or do not go away. Ask your doctor if taking aspirin before taking TECFIDERA may reduce flushing.

These are not all the possible side effects of TECFIDERA. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088. **For more information go to dailymed.nlm.nih.gov.**

Tell your doctor if you are pregnant or plan to become pregnant, or breastfeeding or plan to breastfeed. It is not known if TECFIDERA will harm your unborn baby or if it passes into your breast milk. Also tell your doctor if you are taking prescription or over-the-counter medicines, vitamins, or herbal supplements.

For additional important safety information, please see full [Prescribing Information](#) and [Patient Information](#). **This is not intended to replace discussions with your doctor.**



© 2016 Biogen. All rights reserved. 5/16 TEC-US-1114
225 Binney Street, Cambridge, MA 02142 • 1-800-456-2255 • Tecfidera.com

